



BRANT SKATING CLUB



PROGRAM INFORMATION

2018-2019

September 30th 2018 – March 30th 2019

Lions Park Arena
20 Edge St.

Member of



SKATECANADA



Registration Dates

Where:	When:
Wayne Gretzky Sports Complex	August 19 th from 1-4pm September 5 th and 10 th from 7-9pm
Programs begin October 1st (late registration↓)	
Wayne Gretzky Sports Complex	October 1 st 5-7pm
Lion's Park	October 3 rd and 4 th , 5-7pm October 6 th 10am-3pm

Download registration forms from our website at www.brantskatingclub.ca through the Programs menu. E-mail questions directly to membership@brantskatingclub.ca.

Our club is growing! Some sessions may reach full capacity – for this reason, NO MAIL IN REGISTRATIONS will be accepted. All Programs require sufficient enrollment. Sessions may be cancelled or times changed according to demand.

PAYMENTS: Payments can be made by cash or by cheque payable to Brant Skating Club. Please note the skater's name(s) on each cheque. Payment by cheque may be divided in six (6) equal payments: Registration night, and on the 15th of each month October to February. All payment arrangements must be made upon registration. No refunds after November 1st 2018 except for medical reasons. Refunds are subject to a \$25.00 service charge, a \$40 Skate Canada Fee and a charge for ice used. Late registrations may also be divided and paid by equal monthly installments (all payments to be received by February 15th 2019).

FAMILY DISCOUNTS: The highest level skater in each family pays full price. See registration forms for additional family member registration discounts.

NSF CHEQUES POLICY: For a first occurrence, a service charge of \$25.00 and the payment in cash or certified cheque must be made in full and received by the treasurer within one week from notification. Payment not received will result in loss of ice privileges until payment received. A second occurrence will result in immediate suspension of ice privileges until payment and a \$35.00 service charge is received in full by cash or certified cheque.

LIABILITY: Brant Skating Club is not liable for injuries, accidents or other occurrences either on or off the ice. Brant Skating Club is not responsible for failure to supply ice due to any mechanical defect or failure, strike or walkout, negligence or oversight of the employees of the arena (or of the employees of any other facility in or about which programs may be offered by Brant Skating Club), fire or other casualty, act of God or any other cause beyond the control of the Brant Skating Club.





Contact Information

Brant Skating Club
P.O. Box 24024
185 King George Road
Brantford, Ontario N3R 7X3
www.brantskatingclub.ca
E-mail: membership@brantskatingclub.ca



2018-2019 Programs

PrePowerSkate

This program is designed for children 4 years and up who want to learn to skate with a hockey focus. Improve your hockey skater's technique, power, speed and agility with our certified CanPower Coach. Skaters must be able to get up on their own, and to skate forward the length of the ice. 50 minutes once per week.

Saturdays – Fee: \$405.00

PowerSkate

This program builds on the skills learned in Pre-Power for skaters to further develop their hockey technique, power, speed and agility with our certified CanPower Coach. Skaters must be able to skate forward the length of the ice using alternating strides, backward the width of the ice using alternating strides and be able to stop without hitting the boards. Full hockey equipment including stick required. 50 minutes once or twice per week.

Mondays - Fee: \$405.00 (add Saturday \$145.00 =\$550.00)

Or

Power Card: 10 drop in sessions Mondays & or Saturdays as your schedule permits, \$250 for first 10 sessions, \$20 for each session thereafter.

CSA APPROVED HOCKEY HELMETS ARE MANDATORY, HOCKEY SKATES AND STICKS ARE ALSO REQUIRED, OTHER EQUIPMENT IS OPTIONAL FOR PREPOWER AND FULL EQUIPMENT IS RECOMMENDED FOR POWER.

Coach: Lee-Ann MacMillan

See **Ice Losses** for program cancellations.





Programs Continued

PreCanSkate

This program is for beginners. Skaters receive instruction and supervision from a professional coach as well as from qualified program assistants. Skaters will progress at their own rate and when ready they may proceed to CanSkate.

50 minutes once per week. **CSA approved hockey helmets mandatory for all skaters who have not passed CanSkate level 5 (no matter their age) as per Skate Canada regulation.**

Coach: Brianne Searle

Saturdays - Fee: \$430.00

See Ice Losses for program cancellations.

CanSkate

This program is intended for skaters aged 5 or older as of December 31st who have not passed Stage 6 in the CanSkate Program. Skaters learn in groups according to their ability. Group instruction and supervision is provided by professional coaches and qualified program assistants. Upon completion of Level 6, skaters may progress to STARSkate or PowerSkate. Skaters in CanSkate 4 and up may try out for the youth synchro teams.

Coach/Coordinator: Nancy Osborn

CanSkate runs 4 days a week.

Fees: 1 day - \$490.00 2 days - \$750.00 3 days - \$1015.00 4 days - \$1275.00

CSA approved hockey helmets are mandatory for CanSkate levels 1 through 5.

Level 6 exempt (green skate ribbon).

See **Ice Losses** for scheduled program cancellations. Please speak with the CanSkate coordinator to schedule a make-up day for holidays and hockey tournament ice losses.

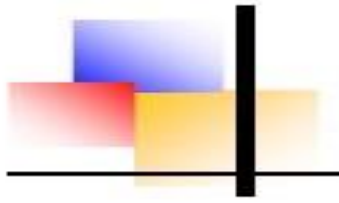
STARSkate

Skaters who have passed CanSkate level 6 will continue on to Star 1 and then progress through the star levels by regular testing.

In a series of group lessons all Star skaters will have Off-Ice training and while on ice they will learn Elements (FreeSkate part 1), Dance, Skills, Stroking, and Edge/Turns). A professional coaching team provides supervision and group instruction.

Star Skaters must have a base coach to monitor their progress and assess for test readiness. New Star skaters can make arrangements with the coach of their choice. Refer to our website www.brantskatingclub.ca to learn about our coaches and contact them. Group lessons are included in the registration fees for all Star skaters.





STARSkate Continued

When a skater is ready, as determined by their base coach, they may participate in interclub competitions, with their FreeSkate Elements.

As part of their private lesson, time base coaches may also create a FreeSkate Part 2 Program for the skater to test/compete with and they may involve a third party to choreograph with the permission of the skater's parent.

Should you desire your skater to have private lessons please contact your base coach to make arrangements. Coaches, choreographers and dance partners (should they be required) will bill parents directly for private lessons.

Off-Ice Training

Off-ice training is a vital part of the sport providing an individualized conditioning, fitness, and endurance program for all Star skaters. This program runs before or after each on ice session (see schedule).

Skills

A Skating Skills exercise is a combination of fundamental skating movements executed on a pattern and skated solo to prescribed music. The movements are derived from compulsory figures, free skating and ice dancing. Each exercise is unique and focuses on various technical abilities, in a logical progression from Preliminary through to Gold.

Stroking Classes

These classes are designed to help skaters develop power, endurance and speed.

These sessions will be in group format with one professional coach.

Edge/Turn Classes

This program is designed to help skaters develop power, speed, flow, and edge control. The classes include skills that will assist them with various footwork sequences and moves in the field. The foundation for great skating is strong edge ability.

FreeSkate

FreeSkate consists of 2 parts. Part 1, Elements, includes spins, jumps, spirals/step sequence, and field movements. Part 2, Solo, is the development of a program set to music that combines the elements with transitional steps, arm and hand movements. Skaters develop their performance skills through the practice, exhibition, testing and competition with their freeskate program.

Dance

Ice Dance in the STAR program consists of pattern dance and creative dance. Pattern dances are the skating of prescribed patterns to music, the type and Tempo for which is defined.

Dances can be performed solo or with a partner. STAR 1-5 dances also have the option of being performed shadow.





Programs Continued

All Levels Star 1 and Up

These programs allow skaters to skate 2 to 5* times a week (*5 days includes synchro). All club programs Star 1 and up require 2 days of skating minimum. Participation in flashing blades requires that skaters attend practices as scheduled. See the flashing blades handbook. Fee information is on the registration forms.

Youth Synchronized Skating:

This program is available to skaters under the age of 18 (subject to sufficient numbers). Practices will be weekly on Sundays, time to be determined. Skaters are required to be CanSkate Stage 4 or higher before skating Synchro. All Youth team skaters must skate in a regular skating program. Synchro encourages all skaters to continue to grow and skate their regular programs twice a week as well as one day of Synchro if possible. Competitions will be determined based on the progress of the team. This will entirely depend on the number of skaters interested and the level of their skating abilities.

Yearly registration fees are determined by the number of participants.

Contact Janet Clarke (manager) for more information about joining our Youth Synchronized Skating Teams. (janet@flatlinesystems.net).

Coached by Kevin Stefan

Skate Canada Alumni one-day program: For post-secondary school students and senior level adults wishing to skate weekly. If not a BSC skater, must provide proof of registration in other

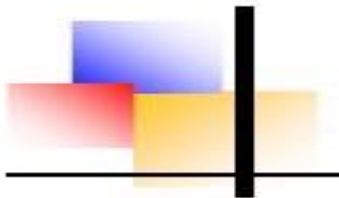
Skate Canada club. ICE FEE: \$400.00 for season (no discounts can be applied)

Affiliate Membership: Includes Alumni and Judges/Officials and allows members to designate BSC as home club. Member may Guest Skate subject to Guest Skating Rules. Member has no voting privileges. MEMBERSHIP FEES: \$65.00

Guest Skating: During regular skating sessions, when space is available. Ice rules will apply.

BSC member's fee: \$20.00 per session. Non-club skater fee: \$25.00 per session.





Events:

Some of the following dates are still to be finalized depending on ice availability. Check our website calendar for updates.

- P.A. Clinic – September 29th 9-3 @ Lion's Park
- Test Days – Thursday November 15th 2018, Thursday January 31st 2019 & Thursday March 7th 2019
- Club Competition – Saturday December 22nd 2018
- Christmas Party – Saturday December 22nd following Club Competition
 - Includes family skate and pizza party with Santa
 - Includes **Learn to Skate** families
- Picture Day – TBA 2019
- Junior run through – April 7th 9am to 12pm at Civic Center
- Flashing Blades - Saturday March 30th 2019.

Ice Losses:

From time to time throughout the season the City of Brantford Parks and Recreation Department may require the facilities resulting in an ice loss.

Currently the lost ice dates are as follows:

Thursday & Saturday, November 22nd & 24th 2018
Saturday, February 23rd 2019

Holiday Ice Cancellations:

- Thanksgiving Day - Monday, October 8th 2018
 - Halloween – Wednesday, October 31st 2018
 - Christmas/New Year's **break from December 23rd to January 6th inclusive.** Skating resumes Monday January 7th 2019.
 - Family Day – Monday February 18th 2019
- Additional cancellations will be updated on the calendar, and any change to this information will be communicated via email to registered members.

WE NEED YOUR HELP! – This club is run by VOLUNTEERS which helps keep operating costs down. We need your help throughout the skating season, and for our year-end event, Flashing Blades. Get more information at registration, through our website www.brantskatingclub.ca, from the flashing blades handbook, the bulletin board located at Lion's Park and [Like us on Facebook](#).

THANK YOU

