



# Skating Etiquette for Star Programs

Having proper etiquette on the ice benefits all members by allowing everyone to have a successful, safe, and positive session. All members must abide by the following:

## Skating Etiquette

- Please be prompt and prepared for lessons. Use your ice time wisely.... plan your practice and practice the plan!
- Appropriate clothing for skating. No hooded sweatshirts.
- Hair must be tied back and away from the face.
- Long laces should not be wrapped around the skate - as this causes the boot to wear down and causes circulation problems. Please ensure long laces are taped in place to prevent accidents.
- Skaters will always display good sportsmanship on and off the ice. Inappropriate behaviour, such as swearing, ice-kicking, bullying, or disrespectful behaviour will not be tolerated.
- Remember and appreciate the hard work and dedication of the coaches, parents, skaters, and volunteers.
- Only water may be placed on the boards at the ice surface (no glass containers).
- No food or gum chewing on the ice.
- Skaters will inform coaches ahead of time if they plan to miss a session or must leave early/arrive late.

- Skaters must inform the Board of Directors if they are doing a make-up session on an alternative day. Please email the Membership Chair.
- Skaters will not leave money or valuables in dressing rooms.
- Due to insurance reasons, no skaters are allowed on the ice, until a coach is present.
- No standing on the ice talking in groups as this becomes a danger to those who are practicing. Talking should be done at the sides of the boards and kept to a minimum.
- For safety reasons, jumps are to be practiced on the ends and spins in the middle of the rink.
- Please get up immediately after falling unless you are hurt. Keep your head up and watch for fellow skaters.
- Look behind you when skating backward. Be polite and say excuse me if you have the right of way.

#### Priority of right-of-way on the ice surface:

1. Coaches
2. Skaters testing
3. Skaters receiving lessons
4. Skaters using music (doing their solo or dance etc.)

#### Priority of music being played:

1. Testing
2. Lessons
3. First Come, First Served

Thank you,  
BFSC Board of Directors